



August'24

The Importance of Membership in Rotary

As a proud Rotarian and someone who has served as club president and Assistant Governor, I have seen firsthand how Rotary's impact stems directly from the strength of its membership. Rotary is not just a global network of individuals; it is a vibrant community of like-minded professionals committed to service, fellowship, and integrity.

Membership in Rotary is the foundation upon which all of our initiatives are built. Each member brings unique skills, experiences, and perspectives, enabling us to tackle diverse challenges, whether in healthcare, education, or social welfare.

In my work as an ophthalmologist and as President of IMA Sangli, I have witnessed the power of Rotary to transform lives through collective action. This impact is possible due to the dedication of our members.

Moreover, Rotary membership goes beyond service projects. It fosters lifelong friendships and professional networks that help us grow personally and professionally. These connections enhance our ability to serve & inspire others to join us in our mission of "Service Above Self."

In Rotary, every member is a leader, contributing to the global effort to make the world a better place. I urge Rotarians to cherish and nurture their membership, as it is the driving force behind all that we achieve.

Warm regards,

Rtn. Dr. Suhas Joshi





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Presidents prephase ... The Power of Good Food at Rotary Events

Bonding Over Biryani: Nothing brings people together like a shared love for flavorful biryani! Good food encourages Rotarians to linger at events, turning casual conversations into meaningful connections

Paneer: The Ultimate Icebreaker: Struggling with small talk? Offer someone a plate of sizzling paneer. Conversations about food tend to melt away the awkwardness faster than the paneer itself.

Desserts Build Diplomatic Relations: A little gulab jamun can sweeten even the toughest negotiations. Forget contracts—settle club matters with a dessert-off!

Good Food = Good Mood: Happy stomachs lead to happy people. A well-fed Rotarian is more likely to say "Yes" to volunteering and take on projects with enthusiasm (or maybe they're just really full and can't say "No").

No "Hangry" Rotarians: Serve quality snacks at meetings to prevent "hanger" (hunger-induced anger). A snack break might be the key to smoother decisions and fewer debates!

In the end, we all must agree that good food creates happy memories. And when you leave a Rotary event with both a full heart and a full stomach, we can be rest assured that fellowship will flourish naturally !



Yours in Rotary,
Rtn. Manish Marathe
President, Rotary Club of Sangli





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Secretarial musings ...

How Rotary Club Presidents and Secretaries Can Build Comradery

Shared Mission = Shared Snacks: Every great partnership starts with a shared goal—and a shared snack! Whether it's handling club affairs or deciding who gets the last samosa, the president and secretary thrive when they work together.

Emails & Emojis: Clear communication is key! While the secretary may handle official emails, throwing in a well-timed emoji from the president can keep things light and fun.

Divide and Conquer: While the president is the face of the club, the secretary is its backbone. Balancing tasks and dividing responsibilities keeps things running smoothly, with each complementing the other's strengths.

Inside Jokes: After countless meetings, there's bound to be an inside joke or two. Laughter during late-night planning sessions is the secret sauce for building camaraderie.

Debating Over Dessert: Disagreements? Solve them over dessert! A shared slice of cake (or a plate of gulab jamun) can do wonders for team spirit.

Support System: In Rotary, it's not about titles, it's about teamwork. The president's leadership flourishes with the secretary's support, and vice versa.

Celebrate Success Together: When projects succeed, celebrate together. A high-five over the final report (and a round of snacks) strengthens the bond.

Yours in Rotary,
Rtn. Girish Tangadi
Secretary - Rotary Club of Sangli





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"The Time for DG Elections Has Begun: A Call to Focus on Community Service"

As the District Governor (DG) elections for 2027-28 commence, candidates have started canvassing for support. This year marks a significant departure from the traditional nomination system, as every president who has been a Rotary member for five years will be eligible to contest the election. With multiple candidates likely to throw their hats into the ring, the election promises to be an exciting and closely contested affair.

As candidates begin to make their pitches, we often hear familiar refrains, such as:

- "I have contested twice before, so it's my turn now."
- "I narrowly lost the previous election, so I deserve priority this time."
- "The Nomination Committee did me an injustice in the past."
- "I withdraw my candidacy twice to support other PDGs or Rotarians."
- "I have held various posts and worked hard for the district."
- "I have received numerous awards and recognition."
- "I was unfairly denied assignments in previous years, which would have showcased my abilities."
- "It's our city's turn to hold the DG position."
- "A particular candidate is being unfairly promoted, despite lacking experience."
- "I am the most senior member among the contestants."
- "I supported the previous DG in achieving TRF/APF targets."
- "Several PDGs are backing my candidacy."
- "If elected, I promise to deliver on these specific initiatives."



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However, amidst these arguments, one crucial aspect often gets overlooked: Community Service. As Rotarians, we must prioritize this core value of our organization.

When evaluating candidates, we should consider the following factors:

1. Does the candidate genuinely embody the spirit of community service?
2. How extensively has the candidate traveled within District 3170 to visit clubs, foster fellowship, and motivate members for social work, regardless of their official posts or assignments?
3. What is the candidate's track record in securing and implementing Global Grants, both as a Primary Contact and as a guide for other clubs?
4. What is the candidate's personal contribution to Global Grants, Polio, APF, and other Rotary causes, considering their financial means?
5. How many Happy Schools has the candidate initiated or actively supported?
6. What is the candidate's level of personal involvement in each of the 7 Focus Areas of Rotary International?
7. How widely recognized is the candidate as an active member and social activist within the district, beyond their official designations?
8. Every club president should vote for the candidate who has the majority support of their club members.

This article reflects my personal views on the matter. As Rotarians, let us prioritize Community Service and elect a candidate who truly embodies this core value of our organization

By Rtn. Adv. Kishor Lulla





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How to Get Readers Hooked on Your Rotary Club's Monthly Bulletin

- **Snappy Headlines, Please!:** Grab attention with catchy headlines. Think "5 Ways Rotary Saved the Day (And Ate Cake Afterward)" instead of "Club Updates."
- **Short & Sweet:** Keep articles concise. No one wants to read a novel about meeting minutes. Highlight the fun stuff—projects, success stories, and, of course, photos of Rotarians in action!
- **Add Some Humor:** Slip in a joke or two. Even the most serious news can use a little humor. Readers will keep coming back for that chuckle-worthy line about the president's tie choice.
- **Rotary Gossip (The Good Kind):** Showcase achievements, birthdays, and fun facts about members. Everyone loves seeing their name in print, especially if it's followed by "most likely to bring the best snacks."
- **Visuals Are Key:** Bright, engaging images make a world of difference. Show the fellowship in action, from service projects to post-event dessert tables!
- **Interactive Fun:** Add puzzles, quizzes, or a "Did You Know?" section about Rotary. Keep readers guessing—and wanting more!
- **Tease the Next Issue:** End with a teaser for the next edition. "Next month: How we broke the record for new members in club"

Yours in Rotary,

Rtn. Dr. Chandrashekhar Purandare

Advisor -Sunshine Bulletin



Spotlight

Incoming leader

DGE Arun Bhandare



- Rtn. Arun Daniel Bhandare is a member of the Rotary Club of Ichalkaranji Executive, serving Rotary and the RID 3170 community for over 27 years.
- He is supported by his spouse, Rtn. Madhavi, a member of Rotary Club of Ichalkaranji Textile City.
- Born into a joint family culture, Rtn. Arun has strong spiritual, humble, social, and ethical values.
- He is a Civil Engineering graduate and University Ranker, working as a consultant, valuer, and building contractor.
- He specializes in constructing industrial structures, showrooms, hotels, commercial complexes, multiplex theaters, educational institutes, and bungalows.
- He holds memberships in the Indian Institute of Engineers and the Indian Council of Arbitration.
- He is a government-approved valuer, Chartered Engineer, and recipient of awards such as Best Engineer Award and Abhiyanta Gourav Puraskar from CREDAI and the Institution of Engineers (India).
- Rtn. Arun demonstrated leadership as President of the Builders Association of India and Engineers & Architects Association in Ichalkaranji.
- Socially, he is associated with organizations like the Maharashtra Chamber of Commerce, Indian Red Cross Society, and Kolhapur Chamber of Commerce & Industries.
- He has been honored with the SAMAJ RATNA national award for community service.

- Rtn. Arun joined the Rotary Club of Ichalkaranji in 1997 and was recognized with the Best Rotarian Award and Best Secretary of the District Award (2002-03).
- He served as Club President (2010-11), earning 20 awards, including Best President, 16 District Awards, and 4 Rotary International Awards.
- Rotary International awards, namely - Significant Achievement Award & Presidential Citation with distinction & India National Polio Plus Award were the highlight of his success story as the leader of the club .
- He was recognized for various achievements like Best in Community Service, Vocational Service, Youth Service, and Polio Plus Programme.
- Rtn. Arun has held numerous Rotary District assignments, including District Chair Coordinator, District Secretary, Conference Secretary, Governor's Area Aide, and Assistant Governor, earning Best DCC, Best Assistant Governor, and Best District Secretary Awards.
- He helped to establish R.C. of Hatkanangale Central and inducted 54 members to the Rotary family.
- Rtn. Arun and Rtn. Madhavi are proud Major Donors to The Rotary Foundation and have received Rotary International Awards like the Club Builder Award and Avenues of Service Award.
- He is the founder trustee of Deepak Memorial Trust, which supports education and health, with Rs. 25,00,000 invested to uplift economically weaker families.
- Rtn. Arun and Rtn. Madhavi have 3 children: son Amol (B.Tech), daughter Capt. Esther (commercial pilot), and younger son Aashish (in construction business with his wife, Neelam).
- Rtn. Madhavi is a qualified trainer for slow learners, Past President of the Innerwheel Club of Ichalkaranji, and recipient of Best President and Best ISO Awards.
- Rtn. Arun has been nominated and selected as District Governor for Rotary District 3170 for the year 2025-26

Spotlight

Incoming leader

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Membership Development

Effective clubs are able to sustain and increase membership, implement successful service projects, support the Rotary foundation and develop leaders beyond the club level. The five avenues of service and Club Leadership Plan are the strong foundation of such clubs. These clubs also have a proper Strategic Plan in place.

The backbone for this to happen is the “strong membership base”.

Hence, every Rotary Club is expected to have a Membership Development Committee.

This committee’s job is to identify high quality candidates for club membership by inviting proposals from Club Members. Membership in Rotary is mainly by invitation; hence club members must reach out to friends, family, business associates, and other community members by asking them to join.

New members bring important benefits to the club like

- Increased capacity to serve your community
- Future leaders
- Diversity
- Fresh ideas, interests, and energy

This helps in long-term continuity of clubs and the Rotary International.

Your club’s ability to attract new members is dependent on effective and relevant projects, public relations, interesting meetings, diverse membership, and overall club effectiveness.

Club membership must have a diverse representation of the community’s professional and business population. To ensure that the best members from various professions join your club, membership development action plan should include steps like Identify, Introduce, Invite and induct.

For each of these steps, develop a timeline and determine who is responsible for implementing it.

A proper method of electing new members should be incorporated in the club bylaws.

Each year the club membership committee or classification committee should conduct a classification survey as early as possible, in order to develop a list of classifications, not held by members of the club. Use this list to determine the classifications to target in membership efforts.



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Article of Membership Development continued ..

Ensure that prospective members are introduced to Rotary International's programs, your club's service projects, and the benefits and responsibilities of membership. A prospective member who has been introduced to Rotary and before joining is informed about the club's projects, is more likely to become involved and remain active.

Rotarians extending the invitation to a prospective member, should know the personal interests and abilities of the prospective member, in order to offer relevant club activities and projects.

The committee should assist the board in investigating the character, business or profession, community standing, and general eligibility of all people proposed for membership. Membership retention will be improved by identifying quality prospective members.

New members should be welcomed in a dignified and meaningful manner. Use an induction ceremony as an opportunity to explain the benefits and responsibilities of being a Rotarian. Also invite family members to attend this ceremony.

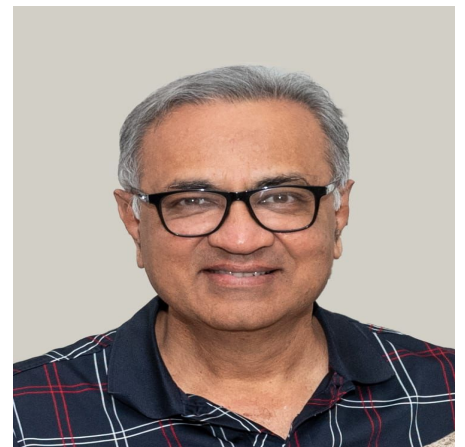
The membership committee should ensure that club members who sponsor new members are recognized for their efforts.

And don't forget to appoint a mentor to ensure that the new member is properly assimilated in your club.

Rtn. Bipin Shevade

District Secretary – Rotary Academy, Rotary Club of Sangli, RID 3170

A Mechanical Engineer, started his career in Tata Motors, India, way back in 1981. Has worked as an automobile dealer, for various commercial vehicles and passenger cars for 28 years. Also, an academician, worked as Principal of a Polytechnic and as UG, PG teacher. A Rotarian since 1991, club secretary during 1999-2000 and president during 2001-02. Has been a District Secretary, DCC, RDC and trainer for various training programmes.



Dietary Challenges of Toddlers and Remedies

- **Picky Eating:** Toddlers often reject new foods, making it difficult to offer a balanced diet.
Remedy: Introduce a variety of foods gradually and present them in fun shapes or colors to make them more appealing.
- **Lack of Appetite:** Some toddlers eat very little, worrying mothers about nutrient intake.
Remedy: Offer smaller, frequent meals & avoid force-feeding. Focus on calorie-dense foods like bananas, dry fruits in powder form.
- **Refusal to Eat Vegetables:** Many toddlers reject vegetables, missing out on important nutrients.
Remedy: Blend veggies into soups or parathas to make them less noticeable in meals.
- **Food Allergies:** Identifying & managing allergies can be challenging.
Remedy: Try new foods one at a time and consult a pediatrician.
- **Digestive Issues:** Constipation & indigestion common in toddlers.
Remedy: Include fiber-rich fruits like papaya, and ensure adequate water intake.
- **Iron Deficiency:** Indian diets can sometimes lack iron, leading to deficiencies in toddlers.
Remedy: Incorporate iron-rich foods like lentils, spinach, and fortified cereals.
- **Cultural Food Preferences:** cultural or Traditional diets may not always meet nutritional needs.
Remedy: Balance cultural foods by incorporating grains, proteins, and healthy fats.

- **Dr Vasudha Suhas Joshi**

Chief Paediatrician at Little Champ Children Clinic





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दि ४ ऑगस्ट रोजी सकाळी ८ वाजता आपल्या रोटरी हॉलवरील १०० पुरग्रस्त नागरीक तसेच स्त्री सखी महीला मंडळ विश्रामबाग येथील ५० पुरग्रस्त नागरी व तेथील कार्यरत कर्मचारी यांना माजी अध्यक्ष रो. सचिन कोले यांच्या मार्फत चहा व नाश्टा उपलब्ध करून देण्यात आला.



Independence Day Activity...Distribution of 3 Jaipur Foots to the Beneficiaries at the hands of President Rtn Manish Marathe and Secretary Rtn Girish Tangadi & 2 Jaipur Foots at the hands of Mr Herlekar - Charity Commissioner, Mumbai, Sawardekar Patil in presence of Dr.Avasthi, Dr.Kharad, Dr Shilpa Gaikwad & family.





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Felicitation of Rtn. Kishor Lulla and T.B.Lulla charitable Foundation for 14 years continuous social work through various service projects at the hands of Mr. Suresh Khade, guardian minister, Sangli District



The second dose of HPV vaccination out of 565 girls vaccinated for the first dose, 525 girls received the second dose at Horizon Multispeciality Hospital, Sangli.



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The second dose of HPV vaccination is nearly getting completed at Siddhivinayak Ganapati Cancer Hospital, Miraj. Out of 520 girls who received the first dose, 452 girls received the second dose to date



आज दै.सकाळ आणि सांगली,मिरज, कुपवाड महानगरपालिका क्षेत्रातील सामाजिक संस्थांच्या साथीने आज "सांगली करूया प्लास्टिक कचरामुक्त" हे अभियान राबवण्यात आले. या अभियानात पालकमंत्री मा. ना.सुरेशभाऊ खाडे, खासदार मा. विशालदादा पाटील, आरोग्य अधिकारी श्री. राजेंद्र ताटे आणि सर्व सामाजिक संस्थांचे सभासद मोठ्या संख्येने उपस्थित होते. यावेळी पालकमंत्री मा. ना. सुरेशभाऊ खाडे, खासदार मा. विशालदादा पाटील, सकाळचे श्री शेखर जोशी यांनी सर्वांना सांगली प्लास्टिक मुक्त करण्यासाठी आवाहन केले. तसेच पृथ्वी झीरो वेस्ट फाउंडेशन तर्फे प्लास्टिक मुक्ती साठी सर्वांना शपथ देण्यात आली.या वेळी रोटरी क्लबचे सेक्रेटरी रो. गिरीश तंगडी, सभासद रो. रामभाऊ चितळे , रो. भास्कर ताम्हणकर, आणि रो. किशोरभाई लुल्ला यांचा सहभाग आणि उपस्थिती. आरोग्य अधिकारी श्री राजेंद्र ताटेसर याच्याशी चर्चा ही झाली

Rotary
Club of Sangli



Sunshine



August'24

10:00 am
to
12:00 pm

10th
Aug
2024

75
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ROTARY CLUB OF SANGLI

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Enjoy a delicious breakfast thereafter.

वेळीच उपलब्ध झाल्यास रक्त हे अनेक जीव वाचवू शकते हे आपण जाणतोच . याची जाणीव ठेवून , हे दिनांक १० ऑगस्ट रोजी HDFC life यांच्या सहकार्याने, रक्तदान शिबीर आयोजित केले गेले. समाजातील सर्व स्तरातील व्यक्तींनी या मध्ये भाग घेतला आणि उपक्रमाचे कौतुक केले.

दिनांक 27 ऑगस्ट - 1 सप्टेंबर दरम्यान भोगवे, सिंधुदुर्ग येथील Divers of Vingoria या आंतरराष्ट्रीय PADI डाईव्ह संस्थेसोबत आणि . रोटरी सिल्व्हर ज्युबिली ट्रस्टच्या सहकार्याने एक रोमांचक अनुभव देणारी, स्कूबा डायव्हिंग कार्यशाळा घेण्यात आली. मोठ्या उत्साहात अनेकांनी डाईव्ह करायला शिकण्यासाठी आणि पाण्याखालील साहसाचा थरार अनुभवण्यासाठी शिबिरात भाग घेतला.

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*Payments to confirm booking to be made to the pool office at Lt. Rambhau Bhide Jaitaran Kendra

Rotary Swimming Pool,
Ganesh Nagar, Sangli

8169246848

@diversofvingoria Divers of Vingoria



August'24



On 01.08.24 Abhangvarsha event organised at Gurukul Sangeet Academy -Sangli



On 04th August Friendship day celebrated via Khelo-Jito-Loto show



On 15 August . Occasion of independence day Col. Abhijit Barve sirs lecture was organised



On 27th August Lecture on Astrophotography by Dr Anish Kanetkar was organised



On 29th August 7 new members got inducted in presence of incoming leader DGE Arun Bhandare